



Psychiatric Unit for Learning Disabilities



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HOSPITAL



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Psychiatric Unit for Learning Disabilities

The Kwai Chung Hospital Psychiatric Unit for Learning Disabilities (PULD) was established in 1996. It is one of the Hospital Authority's Psychiatric Specialist services for adults with learning disabilities. Our ultimate goals are helping patients to avoid or minimize the length of stay in hospital and to promote normalization in community. PULD serves the population in Tsuen Wan, Kwai Tsing, Sham Shui Po, Mong Kok, Wong Tai Sin and North Lantau Districts.

Target Service Users

PULD provides services to people with age of 18 or above with diagnoses of Learning Disabilities, who are also comorbid with significant problems in mental, behavioural and emotional aspects. In addition, the patients' carers are also our target service users.

Scope of Services

➤ Inpatient Services

Inpatient services include holistic assessments, diagnoses, treatments and rehabilitation services. Multi-disciplinary services are employed to promote our patients' physical, mental and social health. Apart from drug treatments, patients are empowered to design "Person-Centred Planning". They are encouraged to join different activities which aim at developing their personal strength and life skill so that their own planning can be facilitated. On the other hand, PULD adopts "Positive Behavioural Support". This helps patients to enhance social acceptable positive behaviours.

Besides, PULD provides counselling and supporting activities for patients' carers to relieve their stress and enhance their skills to take care of the patients. PULD also organizes and participates in public education to strengthen the positive impression of people with learning disabilities in society.

➤ Outpatient Services

Outpatient services are located on 2/F, Main Block (Blocks B/C), Kwai Chung Hospital (West Kowloon Psychiatric Centre). It provides counselling, treatments and psychiatric consultation sessions for patients under the care of PULD.

➤ Community Psychiatric Learning Disabilities Services (CPLDS)

The CPLDS is an outreach team comprised of psychiatrists, psychiatric nurses and allied health professionals. It provides an integrated and comprehensive community-based care for people with learning disabilities and comorbid mental health problems who are living in the target hostels. It focuses on providing person-centred care through dynamic processes of discussion, negotiation and joint decision making in naturalistic settings among hostel staff, multi-disciplinary team members, carers and patients.